

Leadership Capacity Building Workshop

Duration:

21 hours total

**3 full-day workshops
spanning over 2 months**

*Please note: a light lunch
will be provided.*

The *Leadership Capacity Building Workshops* were developed in collaboration with the Columbia Law School– Center for Institutional and Social Change, to bring together court leaders from across the Commonwealth to build the capacity to address race and bias in the courts.

During the three-day workshop series, participants will

- ◆ Build trust with others in the room through sharing and listening to personal experiences regarding identity in a safe space
- ◆ Cultivate a growth mindset when it comes to understanding the experiences and perspectives of ones-self and others
- ◆ Learn methods for practicing mindfulness
- ◆ Understand the differences and impacts of making observations vs. evaluations in the workplace
- ◆ Develop tools to facilitate difficult conversations around diversity, equity, and inclusion
- ◆ Learn how to build a psychologically and identity safe workplace
- ◆ Brainstorm concrete strategies along with their network of peer coaches, aimed at building others' capacity to discuss issues of race, gender, and identity

By committing to completing the workshop series, spanning over two months, participants will have access to a growing pool of peer coaches as a resource, and materials to utilize in their own workplaces to engage those on their teams in conversations that build a stronger sense of community.

**OFFICE OF
DIVERSITY, EQUITY,
INCLUSION, AND
EXPERIENCE**

John Adams Courthouse
One Pemberton Square
Suite 1M-100

Boston, MA 02108
(617) 878-0450

diversityinfo@jud.state.ma.us

If you are interested in other training programs facilitated by our office, please visit us on our [**Courtyard page!**](#)

